

**F.R.A. C.A.V.****BALKAN ASSOCIATION OF VETERAN ATHLETES  
CHAMPIONSHIPS STADIA – BUCHAREST**

19-21 september 2014

**PRELIMINARY TIMETABLE****FRIDAY 19.09.2014**

<b>Time</b>	<b>Event</b>	<b>Event</b>	<b>Event</b>
8.30	5 Km Track Walk W		
9.00		Pole vault W (30+...)	Hammer M (75+...)
9.20	5 Km Track Walk M		
10.00		Pole vault M (35+...)	Hammer M (70)
10.10	200 m hdls M 80+		
10.25	300 m hdls W 50+...		
10.30	300 m hdls M (60;65; 70;75)		
10.45	400 m hdls W (30;35; 40;45)		
10.55	400 m hdls M (35;40;45;50;55)		
11.00		High Jump W (50+...)	Hammer M (60; 65)
11.05	800 m W (50+...)		
11.10	800 m W (30;35;40; 45)		
11.20	800m M (35-45)		
11.30	800m M (50-80)		
11.45		High Jump W (30..45)	
12.00			Hammer M (50; 55)
12.30		High Jp M (65 +)	
13.00			Hammer M (35;40;45)
13.15		High Jp M (50;55;60)	
14.00			Hammer W (55+...)
14.15		High Jp M(35;40;45)	
15.00	100 m W (50+...)		Hammer W (30;35; 40;45)
15.10	100m W (30;35;40; 45)		
15.20	100 m M (55+...)		
15.40	100m M (35;40;45;50)		
16.00	5000m W (30+...)		Javelin M (60+...) Shot put W (60+...)
16.45	5000m M (65+...)		
17.00			Javelin M (50; 55) Shot put W (30;35; 40;45;50;55)
17.25	5000m M (55;60)		
18.00	5000m M (45;50)		
18.35	5000m M (35;40)		Javelin M (35;40;45)

## SATURDAY 20.09.2014

8.30	10000 m W( 30+...)		
9.00		Long jump W ( 50+...)	Javelin W (50+...)
9.40	10000 m M(50+...)		
10.00		Long jump W ( 40;45)	Javelin W(40;45)
11.00	10000m M ( 35;40;45)	Long jump W(30;35)	Javelin W (30;35)
11.45	80m hdls W (40+...)		
11.50	80m hdls M (70+...)		
12.00	100m hdls W ( 30; 35)	Long jump M (65+...)	
12.05	100m hdls M (50;55; 60;65)		
12.15	110m hdls M(35;40; 45)		
13.00		Long jump M (55; 60)	Discus M (70+...)
14.00		Long jump M (45;50)	Discus M (60;65)
15.00		Long jump M (35;40)	Discus M (50;55)
16.00	400m W (55+..)		Discus M (35; 40; 45)
16.10	400m W (30;35;40; 45;50)		
16.20	400m M (55+...)		
16.30	400m M (35;40;45; 50)		
16.40	1500m W (55+...)		
16.50	1500m W (30;35;40; 45;50)		
17.00	1500m M(55+...)		
17.15	1500m M ( 35;35;40; 45;50)		
17.30	4 x 100 m W		
17.40	4 x 100 m M		

## SUNDAY 21.09.2014

8.30	Half marathon M + W		
9.00	2000m Steeple M+W	Triple jump M (50+..)	Shot put M (70+..) Discus W (60+..)
9.30	3000m Steeple M		
9.45			Discus W (50;55)
10.00	200m W (55+...)	Triple jump M (35;40; 45)	Shot put M (50;55; 60;65)
10.15	200m W (30;35;40; 45;50)		
10.30	200m M(55+)		Discus W (30;35;40; 45)
10.45	200m M (35;40;45;50)		
11.00	Balkan relays W	Triple jump W (30+...)	Shot put M (35;40; 45)
11.30	Balkan relays M		